

FOR IMMEDIATE RELEASE

Laugh. Learn. Connect
**At FabU Academy 2012: The Empowerment
Conference for Women 40 and Over**

(GREENSBORO, NORTH CAROLINA) - Seize the day by spending it at 40+ and Fabulous FabU Academy – the highly anticipated day of camaraderie, learning, and fun, for women 40 and over, on Saturday February 25, 2012.

The event, which will focus on issues and alternatives that celebrate positive aging and enhance the lives of boomers and women over 40, will take place at the beautiful Tuscany Gardens Event Center at 6210 Technology Drive, Brown Summit, NC. It is hosted by Sondra Wright, founder of Forty Plus and Fabulous, LLC and author of the international bestselling book, *40+ and Fabulous: Moving Forward Fierce, Focused and Full of Life!*

Wright says, “I am thrilled to have the support of some amazing local sponsors who are passionate about this event. Busy as a Bee Concierge, Clothes Befitting, Crutchfield & Associates, M&M Meetings and Event Planning, State Farm Insurance, SRH Travel, Go Free Pants, Club Z, Simply Nature's Beauty, and Susan Hunt Law are all champions of FabU Academy and women over 40.”

There will be presenters and interactive demonstrations in topics like self-care, women in transition, personal style and image, aging parents, stress reduction, and reinventing yourself. “This is a tremendous opportunity for women 40 and over, or those who some day will be, to come together – share, learn, laugh, connect and just feel validated,” says Wright

Don't miss your opportunity to attend this fun and fabulous day of learning and networking. Please visit <http://fabuacademy.com> for registration or more information.

If you have any questions, please feel free to contact: sondra@fabuacademy.com

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